Nurse Clinics 2013
FIFTH ANNUAL CONFERENCE

Tuesday 19 November 2013  Hallam Conference Centre  London

The Premier Conference and exhibition for nurses setting up and running effective nurse led clinics and services

- Develop your knowledge of local, national and international developments in Nurse Clinics
- Learn how to set up and run an effective Nurse Led Clinics and Services
- Workshops and masterclasses aimed at your area of clinical interest, and focused on essential elements to support your clinic
- Learn from the practical experiences of those who have developed Nurse Clinics in their organisation and specialty
- Develop competence in the tools and skills you need to develop and improve your clinic or service
- Improve and demonstrate the effectiveness of your Nurse Clinic or Service

Over 30 Inspiring thought leaders including:

Dr Richard Hatchett
Author ‘Nurse Led Clinic: Practice Issues’
Deputy Head
The Royal Marsden School
Nurse Clinics 2013

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Nurse Clinics 2013 will provide specialist nurses with a valuable opportunity to hear national updates and best practice for working at advanced practice, and setting up and running nurse led clinics and services in primary and secondary care across a number of specialities.

At last year’s event Dr Peter Carter OBE Chief Executive and General Secretary The Royal College of Nursing, spoke about the need to eliminate waste in the NHS to make savings rather than taking the “short sighted approach” of reducing specialist nurse numbers.

“Specialist Nurses are seen as an expensive luxury but far from costing money they save money.” Dr Peter Carter OBE, RCN Chief Executive, Nurse Clinics 2012

This conference will look at how to demonstrate the value of your clinic or service, and how to continuously measure, monitor and benchmark the impact on patient experience and outcomes, in line with the drive for quality improvement in the NHS reflected by the Francis Inquiry and the CNOs Strategy for Nursing including the 6 C’s.

Benefits of attending Nurse Clinics 2013:
• Develop your knowledge of local, national and international developments in Nurse Clinics and Services
• Learn how to set up and run an effective Nurse Led Clinic
• Hear tips for leading and developing a successful clinic
• Attend practical workshops and masterclasses aimed at your area of clinical interest, and focused on essential elements to support your clinic including:
  o Nurse led follow up  o Nurse prescribing  o Legal Issues and Risk Management
• Learn from the practical experiences of those who have developed Nurse Clinics in their organisation and in the following specialities:
  o Primary and Community care
  o Surgery/Preoperative Assessment
  o Cardiology
  o Cancer
• Develop competence in the tools and skills you need to develop and improve your clinic or service
• Improve and demonstrate the effectiveness of your Nurse Clinic or Service

Feedback from Nurse Clinics 2012:
“Very interesting and well organised – excellent speakers and content”
“Excellent. Great to have so many motivated and intelligent nurses all together! Inspired to go and improve my services.”
“Great to listen to such expert speakers, also enjoyed hearing about national experiences and best practice”
“Very useful, would recommend it to others”
“Very good conference, found it really useful as sparked ideas of where to go from here.”
“Excellent speakers with great tips and thoughts for nurse led clinics. Inspirational.”
“Informative, educative and very productive. Encouraging to speak to others and an excellent way of developing skills.”
## JOINT OPENING SESSION

### 10:00 Chair’s Welcome and introduction: the value of Nurse Led Clinics

**Dr Richard Hatchett**  
*Author ‘Nurse Led Clinic: Practice Issues’*  
*Deputy Head*  
*The Royal Marsden School*

- existing evidence to support the value of nurse led clinics

### 10.25 Opening Address from the Chief Nursing Officer (Invited)

**Chief Nursing Officer for England (Invited)**

- delivering quality and compassionate care within your clinic: instilling the Francis Inquiry recommendations for nursing and the 6C’s

### 10.50 Opening Address from the Nursing Midwifery Council

**Jackie Smith**  
*Chief Executive*  
*Nursing and Midwifery Council*

- taking forward the Francis Inquiry recommendation for regulation and a system of revalidation  
- demonstrating nursing performance through appraisal feedback and evidence of continuous training, experience and skills

### 11.00 Questions and Answers followed by coffee and exhibition

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### CONFERENCE CONTINUES AND SPLITS INTO BREAKOUT STREAMS

#### Morning - Stream Choice 1 (11.50-13.00)

#### STREAM A

- Developing an established clinic

#### STREAM B

- Beginners Guide: Setting Up Nurse Led Clinics

#### Workshop 1

- Nurse Led Follow Up

#### Workshop 2

- Specialty Focus Primary and Community Care

#### 13.00-14.00 LUNCH, EXHIBITION AND POSTER DISPLAYS

#### Afternoon - Stream Choice 2 (14.00-15.10)

#### STREAM A

- Developing an established clinic

#### STREAM B

- Beginners Guide: Setting Up Nurse Led Clinics

#### Workshop 3

- Nurse Prescribing

#### Workshop 4

- Specialty Focus Surgery/Pre-Assessment

#### 15.10-15.30 TEA, EXHIBITION AND POSTER DISPLAYS

#### Afternoon - Stream Choice 3 (15.30-16.30)

#### Workshop 5

- Writing a business case for your clinic

#### Workshop 6

- Legal issues and risk management

#### Workshop 7

- Specialty Focus Cardiology

#### Workshop 8

- Specialty Focus Cancer

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### JOINT CLOSING SESSION

### 16.30 Chairman

**Dr Richard Hatchett**  
*Author ‘Nurse Led Clinic: Practice Issues’*  
*Deputy Head*  
*The Royal Marsden School*

### 16.30 Closing address from the Royal College of Nursing

**Peter Carter OBE**  
*Chief Executive and General Secretary*  
*The Royal College of Nursing*

- nurse led clinics: the opportunity for nurses to make a difference  
- support for specialist nurses advancing their practice to lead nurse clinics and services

### 16.55 Chair’s closing remarks: feeling empowered? A recap of themes from the day  
17.00 Close
STREAM A: Developing an established Clinic

Chairman: Dr Richard Hatchett  
Author 'Nurse Led Clinic: Practice Issues'  
Deputy Head The Royal Marsden School

11.50 Monitoring quality of care and patient outcomes within your clinic against metrics and indicators
• monitoring quality of care and patient outcomes against metrics and indicators
• presenting the data using quality dashboards to demonstrate the value of your clinic
• comparing and learning from the information to make quality improvements

12.20 Measuring the patient experience to support the development and improvement of your clinic

Andrew Cockayne  
Independent Consultant and Former Head of Patient Experience  
Croydon Health Services

• measuring patient experience through real time patient experience feedback
• using patient experience to redesign care
• learning from complaints and concerns to support the development of your clinic

STREAM B: Beginners Guide: Setting up and running Nurse Led Clinics

Facilitator:

11.50 A step by step introduction to setting up and running a successful nurse led clinic

Alison Pottle  
Cardiology Nurse Consultant  
Royal Brompton and Harefield NHS Trust

• setting up and running a nurse led clinic in practice: essential considerations
• ensuring you have the competencies and skills required to run your clinic autonomously
• establishing the clinic and preparing for demand

12.20 Business planning and getting the service commissioned

Sarah Borrows  
Clinical Nurse Specialist, Renal Genetics  
Queen Elizabeth Hospital Birmingham

• from the beginning: planning the service and making a bid to the commissioning group
• the objective of the clinic and how it is a unique model of care which embraces and immediately reacts to patient experience
• enhanced multidisciplinary and partnership working

WORKSHOP 1: Nurse Led Follow Up  
Recommendation 256: Follow up of patient; a proactive system for following up of patients shortly after discharge would not only be good customer service, it would probably provide a wider range of responses and feedback on care Francis Inquiry February 2013

11.50 Nurse led follow up: Implementing the Francis Inquiry recommendation to develop proactive follow up

Fiona Hibberts  
Colorectal Nurse Consultant  
Guy’s and St Thomas’ NHS Foundation Trust

• developing good practice in nurse led follow up
• the impact of nurse led follow up on quality of patient care, experience and outcomes
• getting the most out of nurse led follow up: learning from patient experience and feedback

12.20 Nurse led follow up clinics and nurse led telephone follow up: Case Study Session

• the development of follow up clinics
• moving from hospital to telephone follow up: the impact on quality and productivity
• recording patient feedback on care and experience during follow up to make improvement
• working with the discharge team to ensure appropriate follow up and avoid readmission

WORKSHOP 2: Specialty Focus Primary and Community Care

Facilitator: Linda Nazarko OBE  
Consultant Nurse, Older People  
Ealing Hospital NHS Trust

11.50 Piloting a nurse led community service and monitoring the patient experience: Case Study Session

Sally Button  
Clinical Nurse Specialist in Viral Hepatitis  
University Hospital Birmingham NHS Trust

• providing nurse led care to patients at home
• the challenges of delivering nurse led care within a homecare setting
• learning from patient experience and moving forward: setting up a permanent nurse led service and working with primary and community care agencies

12.20 Setting up and running a nurse led community clinic: demonstrating clinical and cost effectiveness: Case Study Session

• promoting nurse leadership in the community: the impact of having a vascular nurse specialist in the community
• nurse led diagnosis, investigations and follow up within the clinic
• demonstrating clinical and cost effectiveness

15.10 - Tea Break and Exhibition
STREAM A: Developing an established Clinic
Chairman: Dr Richard Hatchett  Author ‘Nurse Led Clinic: Practice Issues’ Deputy Head The Royal Marsden School

14.00 Carrying out clinical research within a nurse led clinic
Doma Hiperson
Clinical Nurse Specialist for Heart Failure
Kings College Hospital NHS Trust

14.30 Developing your advanced nursing practice to benefit patients
Dr Thomas David Barton
Head of the Department of Nursing
College of Human and Health Science, Swansea University

STREAM B: Beginners Guide: Setting up and running Nurse Led Clinics
Facilitator:

14.00 Nurse led assessment, history taking, investigation and diagnosis within your clinic
Gemma Hurley
Senior Nurse Lecturer & Nurse Practitioner
Kingston University

14.30 Auditing and evaluating the value of your clinic or service both fiscal and quality

WORKSHOP 3: Nurse Prescribing
Facilitator:

14.00 A national update on nurse prescribing within a nurse led clinic or service
Deborah Robertson
Consultant Editor Nurse Prescribing Senior Lecturer & Programme Leader Non-Medical Prescribing
University of Chester

14.30 Nurse prescribing in practice: Case study - independent nurse prescribing within surgical and chemo clinics
Clare Ferris
Colorectal Clinical Nurse Specialist
Royal Cornwall Hospitals NHS Trust

WORKSHOP 4: Specialty Focus: Surgery/Pre-assessment
Facilitator: Jane Jackson Pre Operative Assessment Nurse Consultant and Founder Pre Operative Assessment Association

14.00 Nurse led pre operative assessment
Jane Jackson
Pre Operative Assessment Nurse Consultant & Founder, Pre Operative Assessment Association

14.30 Setting up and expanding a nurse led service and reducing day surgery admissions: Limb reconstruction Clinic Case Study
Philippa Bridgeman
Clinical Nurse Specialist Limb Reconstruction
Queen Elizabeth Hospital Birmingham

15.10 - Tea Break and Exhibition
**Workshop 5: Writing a business case for your clinic**

An opportunity for delegates to understand how to prepare a business case for funding and decision making

**15.30 A step by step guide to writing a detailed business case for your clinic**

- doing your research; referring to national policy and regulation, and examples of similar practice
- understanding the tools available to help plan a viable clinic or service
- what should and should not be included in the business case
- including future development plans as well as initial set up
- generating interest in your clinic to help support your business case
- how should the information be laid out and presented

**Workshop 6: Legal Issues and Risk Management**

An opportunity for delegates to seek information and advice on legal and risk management issues in running nurse clinics and services

**15.30 Nurse Led Clinics and Services: Legal and Risk Management Focus**

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<tr>
<th>Kate Hill</th>
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<tr>
<td>Solicitor</td>
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<td>Inpractice/RadcliffeLeBrasseur</td>
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- risk management and legal issues to be aware of when running nurse led clinics
- legal implications of extending roles and autonomous practice
- risk management and professional standards: essential tips

Group work and advice:
Working through case examples and determining the legal and risk management issues

**Workshop 7: Specialty Focus Cardiology**

Facilitator

**15.30 Nurse led cardiology clinics: national and local developments**

<table>
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<tr>
<th>Jenny Tagney</th>
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<tr>
<td>Cardiology Nurse Consultant</td>
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<td>University Hospitals Bristol NHS Foundation Trust and Consultant Editor British Journal of Cardiac Nursing</td>
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- national developments, recommendations, standards and guidance impacting on nurse led cardiology care, clinics and services
- local examples of nurse led innovative practice in cardiac care

**15.55 Running effective nurse led cardiology clinics in practice**

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<tr>
<th>Jan Keenan</th>
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<tr>
<td>Nurse Consultant, Cardiac Medicine</td>
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<td>Oxford Radcliffe Hospitals NHS Trust</td>
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- developing competence in advanced practice and in the specific skills required for your clinic
- working with patients to support, educate and encourage self management of coronary heart disease
- prescribing within your cardiology clinic

**Workshop 8: Specialty Focus Cancer**

Facilitator: Dr Catherine Wilson Interim Head The Royal Marsden School

**15.30 Nurse led cancer care and clinics: developments in practice**

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<th>Dr Catherine Wilson</th>
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<td>Interim Head</td>
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- national developments in cancer care impacting on nurse led care and clinics
- developments and innovate nurse led practice

**16.00 Developing nurse led cancer clinics and telephone follow up services: Case Study Haematological Disorders**

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<tr>
<th>Ruth Thompson</th>
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<td>Macmillan Haematology Clinical Nurse Specialist</td>
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<td>Belfast City Hospital</td>
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- an overview of the nurse led MPN clinic and the role of the CNS within the clinic
- setting up a successful clinic: developing a business case, securing funding, developing guidelines and policies, and undertaking training and education
- auditing and evaluating the effectiveness of the service

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16.30 - Reconvene in Main Auditorium for Joint Closing Address
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Please write your address clearly as confirmation will be sent by email, if you prefer confirmation by post please tick this box. Please also ensure you complete your full postal address details for our records.

Please specify any special dietary or access requirements

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(By signing this form you are accepting the terms and conditions below)

Name
Signature
Date

Stream Choices

Stream 1: 11.50-13.00
- A
- B

Stream 2: 14.00-15.10
- A
- B

Stream 3: 15.30-16.30
- Workshop 5 Business Case
- Workshop 6 Legal and Risk

This Conference is CPD Certified

Workshop 1 Nurse Led Follow Up
Workshop 2 Primary/Community Care
Workshop 3 Nurse Prescribing
Workshop 4 Surgery/Pre Assessment
Workshop 7 Cardiology
Workshop 8 Cancer

Exhibition Space Available - For Further Information contact Carolyn@healthcareconferencesuk.co.uk

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